

# מבחן באנגלית לכיתה ח' תמליל הבנת הנשמע

שלום תלמידים. המבחן באנגלית מתחיל בשתי משימות בהבנת הנשמע.  
בכל משימה תשמעו תחילה קטע, ולאחר מכן תתבקשו לענות על שאלות.  
משימה מספר אחת.

אדם, תלמיד כיתה ח', משוחח עם הלן, יועצת בית הספר.  
לפני שתשמעו את השיחה ביניהם, עיינו בשאלות של משימה מספר אחת.  
עכשיו הקשיבו לשיחה. השיחה תושמע פעמיים.

(A knock on the door)

**Helen:** Come in.

**Adam:** Hi, Helen! Can I talk to you?

**Helen:** Hi, Adam. How can I help you?

**Adam:** I need your help. I'm usually a good student but this year my grades are very bad. I'm failing all my tests.

**Helen:** Okay, let's try to find out what's going on. Do you understand everything in class?

**Adam:** Most of the time. Sometimes I fall asleep in class. I don't know why.

**Helen:** Okay. When do you go to sleep?

**Adam:** Oh, about 12:30.

**Helen:** When do you wake up in the morning?

**Adam:** My parents wake me up at 6:30. I wake up but I am still very tired.

**Helen:** I think you aren't getting enough sleep. You only sleep for 6 hours. A teenager needs 8 hours of sleep a night.

**Adam:** Really? 8 hours of sleep? Wow. But I can't fall asleep earlier than 12:30. I like to chat with friends at night.

**Helen:** Chatting with friends before going to sleep can keep you awake. You need to get more sleep so you don't fall asleep in class.

**Adam:** So, what can I do?

**Helen:** For the next three weeks try going to sleep earlier.

**Adam:** What happens if I can't fall asleep earlier?

**Helen:** You could try doing some sports in the afternoon so that your body will be tired at night. But don't do sports right before going to sleep, that will keep you awake.

**Adam:** Really? Sometimes I go running late in the evening.

**Helen:** Yes Adam, sports wake you up, so if you run late in the evening, you won't be tired by 11. Try running after school.

**Adam:** Is watching TV in bed a good idea?

**Helen:** No, watching TV before going to sleep is not a good idea. Instead, you could listen to quiet music, or read a book.

**Adam:** I just got a new book from my friend. I could read that before going to sleep. I could also turn on the radio and listen to music.

**Helen:** That'll be great. One more thing, do not drink cola or hot chocolate before going to sleep because they have caffeine in them and can keep you awake. If you are thirsty drink some water. Try these ideas for three weeks. Come back and see me to let me know how you're doing.

**Adam:** Thanks a lot. I'll see you in a few weeks, bye.

**Helen:** I hope you sleep well and let me know what's going on!

עכשיו ענו באנגלית על השאלות על פי השיחה ששמעתם.

הקשיבו לשיחה פעם נוספת. זו הזדמנות טובה לבדוק את התשובות שלכם.

עכשיו בדקו את התשובות שלכם.

עכשיו עברו למשימה מספר שתיים שבעמוד שמונה.

משימה מספר שתיים.

מרק סמית מראיין את ד"ר אליזבת לי בתכנית רדיו.

לפני שתשמעו את התכנית, עיינו בשאלות של משימה מספר שתיים.

עכשיו הקשיבו לתכנית. התכנית תושמע פעמיים.

**Interviewer:** Good morning, I'm Mark Smith and today we are going to talk to Dr. Elisabeth Lee from Australia. Dr. Lee works on a flying ambulance. Let's find out about it.

Dr. Lee, please tell us, what is a flying ambulance? Is it the same as a regular ambulance?

**Dr. Lee:** No, the flying ambulance is a small airplane but it has the same equipment that a regular ambulance has. The doctors who work on this special ambulance are called "The Flying Doctors".

**Interviewer:** Wow! "Flying Doctors" on flying ambulances. How unusual! Why do you need flying ambulances in Australia?

**Dr. Lee:** Australia is very, very big. There are many people who live on farms or in small towns very far away from a big city and there are no hospitals nearby. When people in these faraway places have accidents or get really sick they need help quickly. These people live so far away from a hospital that it could take them a long time to get there by car. So we go to get them and fly them to the hospital quickly.

**Interviewer:** How do people contact the "Flying Doctors" when they need them?

- Dr. Lee:** We have a special telephone number that people call when they need us.
- When we get a call, we send a regular ambulance to where that person is. That ambulance takes the person to the nearest airport where the flying ambulance is waiting.
- The idea is to bring the person to a hospital as quickly as possible. On the way, the doctors on the airplane do everything they can to help the person in need. Our doctors save lives in the sky all the time!
- Interviewer:** Can you share an interesting story with us?
- Dr. Lee:** Sure. Just last week we had a call from a father who lives very far from a hospital. The father and his son were riding their horses together. Suddenly, the boy screamed. The father turned around and saw that his son, Tom, fell off the horse. His leg hurt him very much and he couldn't move it. Their home is about six hours away from a hospital, so he called the flying ambulance to get help. The boy was in the flying ambulance very quickly, on his way to the nearest hospital.
- Interviewer:** How did the doctors on the flying ambulance help Tom?
- Dr. Lee:** I was one of the doctors on the airplane that day. I put his leg up on a special pillow with ice, and kept his leg from moving. I also gave Tom something to stop the pain. I am happy to say that Tom's leg is going to be okay.
- Interviewer:** That's wonderful. Thank you, Dr. Lee, for telling us about the flying ambulance, a very special ambulance in Australia.
- Join us next week when (fade out)

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עכשיו בדקו את התשובות שלכם.  
סיימנו את החלק הראשון של המבחן. עכשיו עברו למשימות הבאות.  
בהצלחה!